

# PURE

Please contact Concierge for advanced reservations

## SUCIMURNI EXERCISE

Start the day with our gentle, signature stretching exercises inspired by the seven main animal chakras. Based on the Malay concept of Sucimurni, which emphasises purity of spirit, health and well-being, these exercises aim to balance your mind and body for a fresh start to the morning.

VENUE Next to lobby | TIME 8:30am | FREQUENCY Daily | DURATION 30 minutes | Complimentary

## JARA HILL WALK & MALAY HERBAL GARDEN VISIT

Discover interesting facts about the local flora and fauna still used by many of the nearby villagers in their daily lives. Led by the resort's resident naturalist, this gentle walk includes a tour of the Malay herbal garden and a gentle climb up the steps of Jara Hill, for a panoramic view of the coastline and a sighting of the sea eagles' nesting ground. Do wear suitable, covered walking shoes and bring along mosquito repellent.

TIME Depart from lobby at 3:30pm | FREQUENCY Daily except on Sunday | DURATION 1 hour | Subject to weather conditions | Complimentary

## TRADITIONAL HANDICRAFT CLASSES

Learn a new skill and bring home a unique souvenir to remember your stay. Classes include lessons on paper flower decorations and making *ketupat*, a diamond-shaped pouch of woven palm leaf locally used during festive occasions to contain and cook rice.

VENUE Garden | TIME 2:30pm | FREQUENCY Monday and Wednesday | DURATION 1 hour | Complimentary

## OUTDOOR GAMES: GASING, VOLLEYBALL, SEPAK TAKRAW AND PÉTANQUE

Try your hand at *gasing*, a traditional top spinning game popular among the locals, play a round of volleyball or a traditional woven rattan ball game called *sepak takraw*. Guests can also enjoy a game of boules, known as pétanque in France where it originated. All games are available on a daily basis. For groups, friendly tournaments can be organised.

VENUE Designated areas around resort grounds | FREQUENCY Daily | Volleyball and *sepak takraw* requires a minimum of 4 players | Pétanque requires a minimum of 2 players | Complimentary

## KENYIR ELEPHANT VILLAGE

Located by the Temelong River, this elephant sanctuary is the foremost authority on elephant translocation to ensure a healthy population and reduce human-elephant conflict. Guided by the resort's naturalist, observe these majestic creatures in their natural habitat from a suspended canopy bridge as well as having the opportunity to ride, feed, bathe and play with them under the supervision of trained mahouts. Enjoy an al fresco picnic by the river before returning to the resort. *Inclusions: Guide, land transfers, entrance and show fees, and picnic lunch.*

VENUE Lake Kenyir | TIME Depart from lobby at 12:45pm | FREQUENCY Monday, Wednesday and Saturday | DURATION 5 hours | Minimum 6 adults per trip | Subject to weather conditions | RM285 nett per adult | RM145 nett per child aged below 12 years